The NJ Association of Multicultural Counseling (NJAMC) and The NJ Association of Creativity in Counseling (NJACC) are pleased to invite you to an exciting, collaborative event.

Sunday, March 1, 2020
8:15 AM to 3:45 PM

Monmouth University
West Long Branch, NJ

Morning Workshop
Connection across Cultures: Psychodrama as Multicultural Counseling in Action
Aida Hernandez, LPC

Afternoon Workshop
Play Therapy: An Effective Approach for Teens to Heal
Rose LaPiere, LPC, RPT-S, ACS and Jennifer Baker, LPC, RPT, ACS

A Continental Breakfast and Lunch are Included

Earn 5.5 CEs for attending this event!
Please see more details and registration information below
Workshop Details

**Morning Workshop: Connection across Cultures: Psychodrama as Multicultural Counseling in Action (3 CEs)**
This dynamic and interactive workshop will introduce participants to the structure of Psychodrama and how its methods enhance and deepen understanding and insight in therapeutic settings. As an experiential modality, attendees will participate in exercises and activities to learn how to use Psychodrama to build empathy, resiliency and re-structure connections.

**Learning Objectives for Attendees:**
1) Participants will experientially use the concept of sociometry as a guide for the exploration of diversity in a group setting
2) Participants will learn action methods that can be used to express both interpersonal and intrapersonal issues as they arise in different multicultural contexts
3) Participants will learn about the Psychodramatic Processes of Warm-Up, Action and Sharing

**Afternoon Workshop: Play Therapy: An Effective Approach for Teens to Heal (2.5 CEs)**
Feeling stuck in your counseling work with teens? Many teens have a tough time expressing themselves, especially with the cultural variables in today’s world. Break away from the model of using only talk therapy and experience how to bring in creative and physiologically appropriate approaches to working with teens and their families. This workshop will incorporate the therapist getting a deeper understanding of neuroscience, ego states, mindfulness, and attachment to help the teen heal. Come join us and discover how to infuse the therapeutic power of play into your practice!

**Learning Objectives for Attendees:**
1) Identify four principles to establish therapeutic relationships with teens
2) Demonstrate social competence, with knowledge of cross-cultural treatment, in play therapy with teens
3) Demonstrate four play therapy interventions that can be immediately utilized in therapeutic work
4) Learn how to foster self-regulation and socially/culturally appropriate self-expression in teens

**PLEASE NOTE:** All handouts will be emailed to participants 3 days prior to the event.

**Registration Details**

**On or Before February 28**
- Professional Members (+ 3 years) - $125.00
- New Professionals (up to 3 years post-graduation) - $75.00
- Retired (not practicing) - $50.00
- Student - $25.00
- Non NJCA Members - $150.00

**At the Door on March 1**
- Professional Members (+ 3 years) - $150.00
- New Professionals (up to 3 years post-graduation) - $100.00
- Retired (not practicing) - $75.00
- Student - $50.00
- Non NJCA Members - $175.00

Half-Day Registrations **Cannot** be Accepted
We hope to see you there!

Questions or Concerns:
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